

## Systems Review

### INTEGUMENT

- Change in skin color
- Rash
- Other skin changes

### HEMOLYTIC/LYMPHATIC

- Bleeding problems
- Swelling of extremity

### ALLERGIC/IMMUNOLOGICAL

- Allergies \_\_\_\_\_
- Infections
- Abnormal rxn to infection/trauma
- Drug allergies \_\_\_\_\_

### GENITO-URINARY

- Menstrual irregularity
- Menstrual cramping
- Vaginal pain/infection
- Breast pain/lumps
- Prostate/sexual dysfunction
- Genital Herpes
- Bladder trouble
- Painful/excessive urination

#### FEMALES

Date of last menstrual period \_\_\_\_\_

Are you pregnant?

- Yes
- No

### ENDOCRINE

- Sluggishness/Fatigue
- Difficulty keeping weight down
- Xs body hair growth
- Excessive Thirst

### PSYCHOLOGICAL

- Emotional/psychological difficulties
- Confusion
- Depression

### MUSCULOSKELETAL

- Low back pain
- Neck pain
- Arm pain
- Joint pain/stiffness
- Walking problems
- Difficult chewing/clicking jaw
- Pain between shoulders
- Sport/recreational injuries

### NERVOUS SYSTEM

- Numbness
- Paralysis
- Dizziness
- Forgetfulness
- Fainting
- Convulsions
- Cold/tingling extremities

### GASTROINTESTINAL

- Gas/bloating after meals
- Heartburn
- Black Bloody Stools
- Colitis
- Poor/excessive appetite
- Frequent nausea
- Diarrhea
- Constipation
- Hemorrhoids
- Liver trouble

- Gall bladder trouble
- Abdominal Cramps

### CARDIOVASCULAR

- Chest Pain
- Blood Pressure Problems
- Irregular Heartbeat
- Heart Problems
- Ankle Swelling
- Varicose Veins

### RESPIRATORY

- Shortness of Breath
- Pain on Inspiration
- Frequent Congestion
- Wheezing

### EYES

- Vision Problems
- Blurry Vision
- Floaters in eyes

### ENT

- Dental Problems
- Sore throat
- Earaches
- Hearing Difficulty
- Chronic nasal breathing problems

### CONSTITUTIONAL

- Loss of Sleep
- Fever
- Chills
- Weight problems

## FAMILY HISTORY

Please review these diseases and conditions and indicate those that are health problems of a family member by the designation "C" for current or "P" for past conditions present in family members.

	Father	Mother	Brothers	Sisters	Spouse	Children
Arthritis						
Asthma/hay fever						
Back trouble/disc problems						
Bursitis						
Cancer						
Diabetes						
Epilepsy						
Headaches/migraine						
High Blood Pressure						
Stomach disorders/Ulcers						
Pinched nerve						
Heart Disease						
Other						